

FOR IMMEDIATE RELEASE:
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Free film screening to spark discussion about local food system

Nonprofits to show 'A Place at the Table' at The Little on December 18

ROCHESTER – The Little Theatre will screen a film that explores hunger and diet-related illness in America – and the potential solutions -- on Dec. 18 in hopes of spurring a conversation about what can be done to address the issues locally.

The City of Rochester, Healthi Kids, an initiative of Common Ground Health, Foodlink and media sponsor WXXI have organized the free screening of the documentary, “A Place at the Table,” with a discussion to follow. There is no ticket required, and seating will be on a first come, first served basis. The capacity for the theatre is 175 people.

Throughout Foodlink’s 10-county service area, more than 145,000 people are considered food-insecure, meaning they live in a household with limited or uncertain access to nutritionally adequate foods. In 2017, Common Ground Health explored the connection between hunger and health in the Finger Lakes region in a comprehensive study that showed a lack of access to healthy foods is directly related to higher rates of illness in our communities. Diseases linked to unhealthy diets, such as diabetes and cancer, are the leading causes of death in the United States.

Food and beverages will be provided by The Foodlink Community Kitchen. Guests are invited to stay after the film to participate in a discussion about what our community can do to ensure everyone benefits from the local food system.

Who: The City of Rochester, Healthi Kids, an initiative of Common Ground Health, Foodlink and WXXI

What: “A Place at the Table” – a free film screening and discussion, with food and beverages

Where: The Little Theatre, 240 East Ave., Rochester, NY 14604

When: December 18, 2019: 5:30 p.m. food and beverages; 6 p.m. film screening

Why: We hope to spark a community conversation about what can be done to ensure that everyone in Rochester benefits from our food system.

Tickets: No ticket required! Seating will be on a first come, first-served basis.

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About Foodlink

Foodlink is the Feeding America food bank serving Allegany, Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Wayne, Wyoming, and Yates counties. For more than 40 years, we have leveraged the power of food to end hunger and build healthier communities. Through good stewardship, innovation and collaboration, Foodlink mobilizes a diverse network of community partners to address both the symptoms and root causes of hunger.

Foodlink's community health programs provide new access points to nutritious and affordable food in underserved communities. We empower individuals and families to make healthy choices through nutrition education initiatives. Our food banking operations distribute millions of pounds of food to a network of nonprofit members. The Foodlink Community Kitchen nourishes thousands of children daily with healthy meals, slices locally grown apples, and prepares people for culinary careers through a one-of-a-kind career empowerment program. Learn more about how we are transforming lives and creating healthy futures for every community we serve at www.FoodlinkNY.org, or follow us on Facebook, Twitter or Instagram at @foodlinkny.

About Healthi Kids

Healthi Kids is a grassroots community coalition, and initiative of Common Ground Health. Since 2008, we have advocated for policies and resources that allow children to live healthier lives in the City of Rochester and across the Finger Lakes region. We believe in the power of youth and resident voice to co-create solutions, influence decision makers and transform systems that support healthy development for all kids. Our agenda embraces kids and families at the center of all decision making.