

# SNAP Emergency Allotments are Ending

A recent change in federal law requires temporary extra benefits known as SNAP Emergency Allotments (EA) to **end in February 2023**.

## How Will My Benefits Change?

In April 2021, all SNAP recipients in NY started receiving an extra deposit to their EBT accounts because of the COVID-19 emergency. Beginning in March 2023, you will only get your regular SNAP benefit amount in the first half of the month. There will be no second payment later in the month.



**How much will I lose?** Learn how to check your EA amount on the other side of this flyer.

## What Can I Do?

Many people do not need to do anything. But certain changes in your household's budget since your last recertification may result in a higher SNAP benefit:

- **Loss of income**
- **Increased costs for rent or mortgage**
- **Increased child support payments**
- **Medical expenses above \$35/month if you are 60 or older or disabled**



To report these changes, call your local SNAP office or submit a change report online through MyBenefits or ACCESS HRA.

## Where Can I Learn More?

To do a quick and easy SNAP budget to estimate your monthly benefit, visit **[HungerSolutionsNY.org/snap-benefits-estimator](https://HungerSolutionsNY.org/snap-benefits-estimator)**

For more information about the end of emergency allotments, visit **[otda.ny.gov/EA-SNAP](https://otda.ny.gov/EA-SNAP)**



## Check Your EA Amount on ConnectEBT

Since April of 2021, every SNAP recipient in NY has received two SNAP deposits each month. The first deposit, usually in the first two weeks of the month, is your regular SNAP benefit. The second deposit is your EA. You can check your EA amount (the amount that will be lost) on ConnectEBT.com or the ConnectEBT app. (New users will need to register—have your EBT card handy.) When you log into your account:

1. **Select a transaction history date range** (top left) that includes both a regular SNAP benefit deposit and an EA deposit, like Jan 1, 2023 – Jan 31, 2023
2. **Look at the date under “Settlement”**. The first deposit of the month is your regular SNAP benefit. The second deposit is the EA amount. In the example below, the deposit dated 1/2/2023 for \$740 is the regular SNAP benefit. The deposit dated 1/18/2023 for \$95 is the EA. (Note that any purchases made during the selected time period will also show up in the transaction list.)

### Example of a ConnectEBT Transaction History Screen

The screenshot shows the ConnectEBT website interface. At the top, there's a navigation bar with links for HOME, PIN, PASSWORD, SECURITY Q&A, MESSAGES, and REPORT LOST/STOLEN/DAMAGED CARD. Below this is a 'My Activity' section with a 'Check Transaction History' form. The form has dropdown menus for month (Jan), day (1), and year (2023), and another set for month (Jan), day (19), and year (2023). A red arrow points to the second date range with the annotation 'Select date range'. Below the form is a 'Summary of Transactions' section. It shows a table with columns: Transaction, Settlement, Retailer, Retailer Location, Card #, Type, Trans.Type, Debits, and Credits. The table has two rows: one for 1/17/2023 with a settlement date of 01/18/2023 and a credit of \$95.00, and another for 12/28/2022 with a settlement date of 01/02/2023 and a credit of \$740.00. A red arrow points to the settlement date '01/18/2023' with the annotation 'Check date'. Another red arrow points to the \$95.00 credit with the annotation 'EA amount'. A third red arrow points to the \$740.00 credit with the annotation 'Regular SNAP benefit'. Below the table is a 'Total Charges and Credits/Deposits' row showing \$0.00 debits and \$835.00 credits. At the bottom, there's a 'Current Balance as of 02/06/2023 12:07' section showing Food Assistance: \$835.00 and Cash: \$0.00. A 'SUBMIT' button is at the bottom right.

Transaction	Settlement	Retailer	Retailer Location	Card #	Type	Trans.Type	Debits	Credits
1/17/2023	01/18/2023				FS	Load Authorization		\$95.00
12/28/2022	01/02/2023				FS	Load Authorization		\$740.00
Total Charges and Credits/Deposits :							\$0.00	\$835.00

Current Balance as of 02/06/2023 12:07

Food Assistance :	\$835.00
Cash :	\$0.00

You can also check your benefit deposit history on Providers (Fresh EBT) at [joinproviders.com](http://joinproviders.com). The second deposit of the month is the EA.