

October 2024

Octubre 2024

Grocery Items/

Tienda de comestibles		QTY	Price	Dairy/Lácteos		QTY	Price
	WG- Wheat Pasta <i>Pasta de Trigo Integral</i>		\$1.00		Whole Milk- 1/2 Gallon Leche Entera - 1/2 Galón		\$2.25
	WG- Brown Rice <i>Arroz Integral</i>		\$0.75		1% Milk- 1/2 Gallon Leche 1%- 1/2 Galón		\$2.25
	Canned Beans <i>Frijoles enlatados</i>		\$1.00		Cheese: 8 oz Cheddar Queso: 8oz Cheddar		\$3.25
	Canned Black Beans <i>Frijoles negros enlatados</i>		\$1.00		Cheese: 8 oz Mozzarella Queso: 8oz Mozzarella		\$3.25
	1 lb bag dry beans <i>1 bolsa de frijoles</i>		\$1.50	Juices/ Jugos			
	1 lb bag dry lentils <i>1 bolsa de lentejas</i>		\$1.25		64oz orange juice <i>64 oz de jugo de naranja en botella</i>		\$3.00
	Canned Fish: Tuna <i>Pescado Enlatado: Atún,</i>		\$1.00		64oz apple juice <i>64 oz de jugo de manzana</i>		\$3.25
	Peanut Butter 16 oz <i>mantequilla de maní</i>		\$2.25	Cereal/Cereal			
	Whole Wheat Bread 16 oz <i>pan de trigo</i>		\$3.00		Corn Flakes- Generic 18 oz		\$3.00
	Eggs, 1 dozen <i>Huevos, 1 docena</i>		\$3.00		Toasted Oats- 18oz		\$3.00
Infant					Crisp Rice Cereal- 12 oz		\$2.50
	Gerber Baby Foods Fruit & veggies- 4oz		\$1.25		Gerber Cereal - 8 oz Rice or Oatmeal		\$3.00
	Enfamil Powdered Formula 12.5 oz		\$20.00	<i>Just Say Yes</i> to Fruits and Vegetables			

Visit www.foodlinkny.org/CurbsideMarket to view locations near you!

Visit www.jsyfruitveggies.org for great recipes!