

FRUIT
Fruta



Apples
each, Manzanas singular
\$0.50

QTY



Apples
3lb bag, Manzanas en Bolsas
\$3.50

QTY



Bananas
each, Gineos singular
\$0.25

QTY



Pears
each, Peras, singular
\$0.75

QTY



Kiwi
each, singular
\$1.00

QTY



Pineapple
each, Piña, singular
\$4.00

QTY



Tomatoes
each, Tomates, singular
\$1.00

QTY



Grape Tomatoes
pint, Tomates, Uva
\$2.50

QTY



Lemons
each, Limónes, singular
\$0.50

QTY



Limes
each, Limas, singular
\$0.50

QTY



Grapefruit
each, Pomelo, singular
\$1.00

QTY



Grapes, Red/Green
bags, Uvas rojas/verdes en bolsas
\$5.00

QTY



Cantaloupe
each, Cantalupo, singular
\$3.00

QTY



Navel Oranges
Naranja singular
\$0.75

QTY



Mango
each, singular
\$1.75

QTY



Strawberries
per pound, Fresas
\$3.50

QTY

Seasonal Items



Clementines
3 lb bags, Clementinas
\$5.00

QTY



Radishes
per bunch, rábanos, por racimo
\$1.50

QTY



Asparagus
per bunch, el espárrago, por racimo
\$4.50

QTY



Check out the Recipe of the Month on Page 4!

Visit [Foodlinkny.org/CurbsideMarket](https://www.foodlinkny.org/CurbsideMarket) for locations near you!

Ask about our seasonal specials!

VEGGIES
Verduras



Avocados

each, Aguacate, singular

\$1.00

QTY



Beets

each, Remolachas, singular

\$1.00

QTY



Broccoli

each, Brócoli, singular

\$1.50

QTY



Seeded Cucumbers

each, Pepino con Semillas, singular

\$.75

QTY



Carrots

1lb. bag, Zanahorias

\$1.00

QTY



Baby Carrots

1 lb. bag Zanahorias Bebe

\$1.50

QTY



Celery

each, Apio, singular

\$2.50

QTY



Green Cabbage

each Repollo Verde, singular

\$2.00

QTY



Garlic

each, Ajo, singular

\$.50

QTY



Ginger

each, Jengibre, singular

\$1.00

QTY



Spinach

10 oz bag Espinaca

\$2.50

QTY



Red Onion

each Cebollas Rojas, singular

\$.75

QTY



Yellow Onions

2 lb bag Cebollas Amarillas

\$1.25

QTY



White Potatoes

5 lb bag Papas Blancas en Bolsas

\$3.00

QTY



Russet Potato

each Papas Russet, singular

\$.50

QTY



Sweet Potato

each Batatas, singular

\$.75

QTY



Lettuce

Lechuga

\$3.50

QTY



Mushrooms

6 oz & 8 oz pkg Hongos

\$2.00/\$2.50

QTY



Jalapeños

each, singular

\$.50

QTY



Green Bell Peppers

each, Pimientos Verdes, singular

\$1.00

QTY



Rainbow Peppers














each, Pimientos Varios, singular

\$1.50

QTY

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GROCERY <i>Tienda de comestibles</i> ➔	 Whole Wheat Pasta 1 lb pkg <i>Pasta de Trigo Integral</i> \$1.00 QTY	 Brown Rice 1 lb bag <i>Arroz Integral Bolsa</i> \$1.00 QTY	 Beans 15 oz <i>Frijoles Enlatados</i> \$1.00 QTY	 Black Beans 15 oz <i>Frijoles Negros Enlatados</i> \$1.00 QTY	 Beans (Dried) 1 lb bag <i>Frijoles (secos)</i> \$1.50 QTY					
	GROCERY <i>Tienda de comestibles</i> ➔	 Lentils (Dried) 1 lb bag <i>Lentejas (secas)</i> \$1.50 QTY	 Tuna 5 oz, <i>Pescado Enlatado, Atún</i> \$1.00 QTY	 Peanut Butter 16 oz <i>Mantequilla de Maní</i> \$2.25 QTY	 Whole Wheat Bread 16 oz, <i>Pan de Trigo</i> \$3.00 QTY	 Eggs 1 dozen <i>Huevos</i> \$2.00 QTY				
		INFANT <i>Niña</i> ➔	 Gerber Baby Foods <i>Assorted 4oz Alimentos Para Bebés Clasificado</i> \$2.00 QTY	 Enfamil Powdered Formula 12.5 oz <i>Fórmula en Polvo</i> \$22.00 QTY	 Gerber Cereal 8 oz, <i>Rice or Oatmeal Arroz o Avena</i> \$3.50 QTY	JUICES <i>Jugos</i> ➔	 Orange Juice 64oz., <i>De Jugo de Naranja en Botella</i> \$5.00 QTY			
			DAIRY <i>Lácteos</i> ➔	 Apple Juice 64 oz <i>De Jugo de Manzana</i> \$4.00 QTY	 Apple Cider 64 oz <i>Sidra de Manzana</i> \$4.00 QTY		 Whole Milk 1/2 gal, <i>Leche Entera</i> \$2.75 QTY	 1% Milk 1/2 gal <i>Leche 1%</i> \$2.75 QTY	 Cheddar Cheese 8 oz <i>Queso</i> \$3.00 QTY	 Mozzarella Cheese 8 oz <i>Queso</i> \$3.00 QTY

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CEREAL
CEREALES






Corn Flakes
18 oz box, Caja de 18 oz
\$3.00

QTY



Cheerios
18 oz box, Avena Tostada
\$3.00

QTY



Rice Krispies
12 oz box Arroz Crujiente
\$3.00

QTY



Recipe of the Month

Asparagus, Feta & Couscous Salad
Serves 4 ▪ Serving: 1 cup

Just Say Yes to Fruits and Vegetables

Ingredients

- 2 cups couscous
- 1 bunch fresh asparagus, trimmed and cut into 2-inch pieces
- 8 ounces grape tomatoes
- 6 ounces feta cheese
- 3 tablespoons balsamic vinegar
- 2 tablespoons extra-virgin olive oil
- Black pepper, to taste



Directions

Cook couscous according to package instructions. Put aside and allow to cool slightly. Meanwhile, place asparagus in steamer over 1 inch of boiling water and cover. Cook until tender but still firm, about 2 to 6 minutes. Drain and cool. Toss the asparagus, tomatoes, and feta with couscous. Add the olive oil, balsamic vinegar, and black pepper and toss to incorporate.

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